

Youth can do a lot! Check out the listings for your own age. If you have any questions, you can call the Community Resources Department or any of the places listed. We would be happy to help you.

#### Remember:

- In addition to the opportunities listed, any of the organizations on this list would be happy to work with groups of any age that are interested in conducting 3rd party fundraisers or "item" collections to support their services.
- If you are under age 10, you will probably need to volunteer with a group or ask a parent or grandparent to volunteer with you.

### Any Age

American Red Cross...(804) 343-2772

Establish Red Cross School Clubs at schools or day cares

Ashland Nursing and Rehab Center...(804) 798-3291

Friendly Visitor (with adult)

Bon Secours Memorial Regional Medical Center...(804) 764-6017 Seasonal Garden Volunteers for Healing Garden

Elder Friends...(804) 249-5432

Greeting Card Artist; Parent & Youth Friendly Visiting Team

Family Lifeline...info@familylifeline.org

Make birthday cards for older adults. Visit with an older adult when accompanied by a legal quardian.

Guiding Eyes for the Blind...(804) 744-2627

With parent supervision: Puppy raisers (18 month time requirement); puppy sitters

Hanover Adult Center...(804) 746-0743

With adult supervision: Youth group to lead periodic activity or provide entertainment

Hanover Arts and Activities Center...(804) 798-2728

Periodic Special Event Volunteer

Help the Hungry...helpthehungry@yahoo.com

Canned food drive; collect monetary and gift card donations; grow and/or collect fresh produce; Hunters for the Hungry (donate deer meat); put together birthday boxes, intake bags, and welcome baskets; donate furniture

Meals on Wheels... (804) 934-1951

Off-site collections for special holiday items; create craft items or cards for recipients; ride along with parent or adult delivery driver

Mechanicsville Churches Emergency Functions (MCEF)...(804) 334-6590

Off-site collection of canned foods; plant a Community Garden to donate fresh produce;

The Boarding House...(804) 402-1630

With adult supervision: Adopt-A-Grandparent or Sing-A-Long with seniors

The Giving Heart...(804) 749-4726 or www.thegivingheart.org

With parent supervision: Off-site food drive for The Giving Heart Community Thanksgiving Feast (Friday-Sunday before Thanksgiving); Off-site collection of toiletries or socks (year round).

Don't forget to call each agency to learn more!

## Minimum Age: 8

Hanover Humane Society...email: info@hanoverhumanesociety.org

With Parent Supervision: Dog Adoption Stand Volunteer; Landscaping at Facility; Dog Walking; Special Event Assistant; Petsmart Adoption Center Cleaning Volunteer; Fundraiser Assistant

## Minimum Age: 11

Hanover County Dept. of Community Resources...(804) 365-4180

Global Youth Service Day Planning Coalition Member (January-April)

## Minimum Age: 12

HandsOn RVA...(804) 330-7027 ext. 132

YouthI mpact Summer Program; Year-round volunteer opportunities

Hanover County Dept. of Community Resources...(804) 365-4180

Hanover Youth Service Council -apply in spring

Virginia Breast Cancer Foundation... (804)285-1200

Pink Ribbon Campaign Volunteer; assembling pink ribbon cards

Omni Park Senior Apartments... (804) 798-8996

Visit with elderly, play bingo with elderly, and do maintenance work around facility

# Minimum Age: 13

Ashland Nursing and Rehab Center...(804) 798-3291

Activity Assistant; Friendly Visitor; Special Events Assistant; Administrative Assistant

Comfort Zone Camp... (804) 377-3430

General office assistant

Lewis Ginter Botanical Gardens...(804) 262-9887 Ext 335

Support in Children's Garden, Community kitchen garden, and other areas of the garden

#### Minimum Age: 14

American Cancer Society...(804) 527-3700

Office Assistant; Periodic Special Event Volunteer; Relay for Life Volunteer (May/June)

HandsOn RVA...(804) 330-7027 ext. 132

Youth Philanthropy Project Service Institute (minimum 9 month requirement). Must be in high school.

Hanover Adult Center...(804) 746-0743

Activity Volunteer; Friendly Visitor; Office Assistant; Arts and Crafts Aide; Gardener; Patio Cleanup

Hanover County Parks & Recreation... (804) 365-7150

Leader in Training for Summer Youth Program -fall applications; Therapeutic Riding Volunteer;

Special Event Volunteer

Hanover County Dept. of Community Resources...(804) 365-4180

Global Youth Service Day Planning Coalition Teen Leaders (October-April)

Hanover Fire & EMS...(804) 365-6195

Explorer Post Program

Mechanicsville Churches Emergency Functions (MCEF)...(804) 334-6590

Teen Clothes Closet Helper; Food Pantry Assistant

Pamunkey Regional Library...(804) 365-6211

Library Volunteer

VCU Medical Center...(804) 828-0922

Summer Junior Volunteer Program-January applications

The Giving Heart...(804) 749-4726 or www.thegivingheart.org Youth Ambassador Program **Don't forget, the age listed is** the starting age, so older kids can apply as well.



#### Minimum Age: 15

Comfort Zone Camp...(804) 377-3430

Junior Camp Counselors; Office Assistant

Covenant Woods Retirement Community...(804) 569-8007

One -on-one visits, Arts & Craft/Game Leader; Entertainment; Pet Visit Volunteer; Social Host;

Student Field Work/Intern (Minimum commitment of 35 hours)

Heritage Green Assisted Living Community... (804) 746-7370

Activities Assistant; Friendly Visitor; Arts and Crafts/Game Leader; Group Exercise Assistant;

Devotions reader; Walking Club Helper; Sensory Game Assistant; Cooking Club Helper

## Minimum Age: 16

Ashland Nursing and Rehab Center... (804) 798-3291

Housekeeping assistant; Maintenance assistant; Nursing assistant; Wheelchair transport

Bon Secours Memorial Regional Medical Center... (804) 764-6017

Nurse's Aide, Gift Shop Associate, Information Desks, or General Services: (delivery, patient transport, courier labs, flower delivery, etc.) On-going positions (100 hrs/yr minimum)

## Commonwealth's Attorney's Office, Hanover County... (804) 365-6124

Volunteer Intern

FeedMoore-Central Virginia Foodbank Distribution Center...(804) 521-2500

Warehouse Assistant

FeedMore-Community Kitchen...(804) 237-8601

Community Kitchen Volunteer

Hanover County Animal Control...(804) 365-6485

Special Event; Education/Outreach Volunteer; Adoption Assistant; Canine Exerciser; Feline Helper;

Groomer: Share-A-Pet Volunteer

Hanover County Community Cannery...(804) 365-6484

Cannery Volunteer- July through October, no air conditioning in facility

Hanover County Parks & Recreation...(804) 365-7150

Park Maintenance

Hanover Fire & EMS...(804) 365-6195

Cadet/Junior Program

Hanover Habitat for Humanity...(804) 569-6108

Construction Volunteer, Office Assistant; Recycling Volunteer,

ReStore Volunteer

Hanover Safe Place...(804) 752-2728

## Office Assistant; Special events; Children's Group Assistant

Hanover County Voter Registration & Elections - Elections Page Program... (804) 365-3154

Election Pages (assist elderly and handicapped voters on election days).

Kiddie Kingdom, Inc. ... (804) 798-2767

Classroom Aide, limited hours per week and special requirements

Patrick Henry YMCA...(804) 798-0057

Camp Counselor; Child Care Aide, Child Watch Volunteer; Equipment Monitor; Office Helper;

Swim Instructor's Aide; Event Helper

Sheltering Arms Rehabilitation Centers... (804) 342-4350

Front Desk Receptionist; Office Assistant; Greeter; Patient Care Assistant; Activities Volunteer

## The Boarding House...(804) 402-1630

Adopt-A-Grandparent or Sing-A-Long with Seniors

Thank you for helping your community!

Please note that some positions may

be seasonal or have a

limited number of openings